Home Testing for students w/c 22nd March





- → To safeguard the health of the teaching workforce and keep as many staff, pupils and students in school and college as possible, rapid lateral flow coronavirus (COVID-19) tests are available to all schools and colleges. The use of rapid lateral flow tests allows us to identify individuals with coronavirus (COVID-19) who **do not** have symptoms, which make up around **a third** of all cases.
- → Finding asymptomatic cases, along with other infection prevention and control measures such as social distancing, can help us manage the transmission of the virus.



#### Why are we testing at home?

- → Up to one in three people who have COVID-19 can spread the virus without knowing. This is because they have no symptoms. To reduce the spread of the virus, we need to identify those individuals.
- → Testing identifies people who have the virus with no symptoms and therefore stops them spreading it to others.
- → We have begun this process by inviting all students to have 3 LFD tests in school within the first two weeks of students' return.
- → Now you know how it works, you can carry the test out at home.





- → Home testing starts in the w/c 22nd March
- → You should do the test twice a week
- → Ideally, test yourself on a **Monday** and a **Thursday** morning
- → You will also need to test **over the Easter holidays**





- → All students in secondary schools are being invited to self-test
- → Staff have been doing this too since 8th March
- → If you are over the age of 11, you should administer the test yourself with parental support
- → If you are 11, your parent should carry out the test and report it



#### What does the test involve?

It is the same LFD test that you completed in school, just at home.

This video tells you how to take the test:

https://www.youtube.com/watch?v=S9XR8RZxKNo&list=PLvaBZskxS7t zQYIVg7lwH5uxAD9UrSzGJ&index=2



## t do I do once I've completed the test?

- → You must inform NHS Test and Trace as well as the school.
- This applies whether your test result is positive, negative or void.
   GOV.UK
- NHS Test and Trace:

🗯 GOV.UK	Search on GOV.UK
→ Coronavirus (COVID-19)   National lockdown: stay at home → Brexit   Check what you need to do	

Home > Coronavirus (COVID-19) > Testing for coronavirus (COVID-19)

Report a COVID-19 rapid lateral flow test result

## t do I do once I've completed the test?

### → You must inform NHS Test and Trace as well as the school.

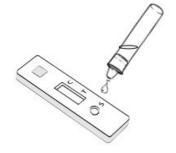
→ This applies whether your test result is positive, negative or void.

#### School form:

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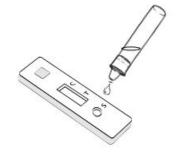
- → Inform NHS Test and Trace
- → Inform the school
- → DO NOT attend school



- → Self-isolate for 10 days following government guidance
- → Only return to school after 10 days if you do not have Covid-19 symptoms

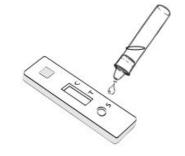


- → Inform NHS Test and Trace
- → Re-read the directions for testing in the leaflet with the test kit
- → Complete another test
- → Inform the school of the result



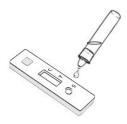


- → Inform NHS Test and Trace
- → Inform the school
- → Attend school as usual



What happens if a close contact tests positive?

- → You and your parents will be informed
- → You will be instructed to self-isolate for 10 days
- → You must follow government guidelines
- → Even if you take a LFD or PCR test and you are negative, you may not return to school until the end of the 10 days





- → They do not need to inform the school of their consent
- → They need to read the privacy notice
- → They are agreeing to the privacy notice by informing us of the result



- → You will receive your kit when you have your third test in school (you may have received this already)
- → There are 3 kits in a box; you will get two more boxes before the end of term
- → This will allow you to take two tests per week from 22nd March and throughout the Easter holidays

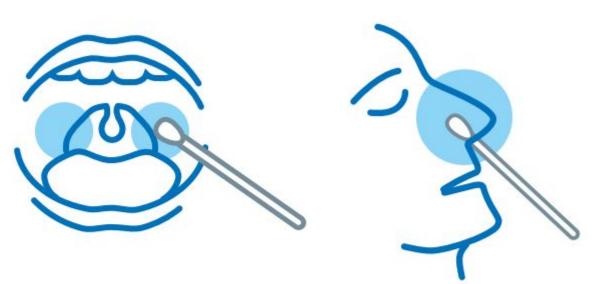






Set-up: sanitise testing area and hands, unpack kit, read instructions and thrive together endeavour To **aspire**,







# Swab: throat then nose

endeavour and thrive together. To **aspire**,

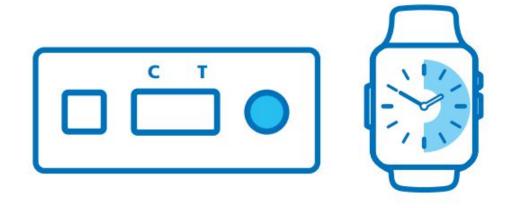






Process test: place swab in liquid in tube, squeeze liquid onto test device







Read result: ensure test device is on a flat surface, wait and read result at 30 minutes



- → Inform the school of your result
- → Inform NHS Test and Trace
- → Do not attend school if you test positive or have symptoms!