

IT'S GOOD TO BE BACK!

We hope you've had an awesome summer.

New school year. New term. New class - so many fresh, new experiences about to unfold and we can't wait to launch our NEW autumn menu in October. We've got something for everyone - flavoursome faves and plant-forward deliciousness.

On top of that, we've got some tasty street food pop-ups to add a bit of excitement throughout the term time too.



DID YOU KNOW?

Secondary school pupils can enjoy a **FREE school lunch** if their parents receive one or more qualifying benefits.

PROTEIN FOR PRO-TEENS

Protein plays many important roles in maintaining our health, including preserving **muscle strength**, **wound healing**, **making new cells** and **repairing old**.

Try to eat a variety of protein foods and make sure you include plant-based sources like beans, peas and lentils more often.

