

Fitness Membership conditions of use.



Starting the Membership.

1. You will need to complete a Fitness Membership Application Form or Online Membership Application form, along with our Health Assessment questionnaire prior to your membership commencement.
2. When completing a Fitness Membership Application Form all personal details are held on our membership system and will be utilised to maintain contact with you.
3. Every member is required to have an introduction by a member of staff. An induction is also available to you by a qualified fitness instructor.

Cancelling the Membership

1. We may cancel the membership in the following circumstances:
 - a. If you/the Customer breaks this agreement or any facility rules.
 - b. If the membership is used by any other person than you to gain access to the facility.
 - c. We will not tolerate our staff, other members or users being verbally or physically abused or intimidated. If this is the case, we will immediately ban you/the customer from The Place.
2. If we are required to cancel the membership for a breach of any rules, terms or conditions, there will be no refund made of any advanced payments already received.

Conditions of use

1. All fees due must be paid prior to commencement of each session and presentation of your membership card is required at reception to gain entry. This allows us to verify your identity and register the customers visit when entering the facility.
2. Customers must wear the appropriate clothing attire. Please contact reception for further details.
3. Fitness Suite numbers are restricted and set by The Place to ensure safety levels are maintained.
4. All rules set out below must be adhered to. Failure to do so could result in your membership being terminated/suspended.
5. Freelance training is strictly forbidden and will result in memberships being terminated for all parties.

General terms

1. Before the customer commences their activity a registration form must be completed. We reserve the right to refer any prospective member to his/her GP if there are contra-indications in respect of physical exercise.
2. If during your membership period your contact details change in any way you will be required to inform The Place team.
3. Machines may become out of service due to repairs, alterations or maintenance work, All such occurrences will be displayed with as much prior notice as possible at reception. We will aim to rectify any such occurrences as soon as possible.
4. All customers are bound to the Terms, conditions and rules of the facility, including addition Covid guidelines displayed.
5. If any changes are made to these Terms and Conditions, we will notify you via email.
6. You assume all risks and responsibility for any harm, loss, damage, personal injury or death to you or others resulting from, arising out of, or anyway in relation to the customer's use of or presence in The Place.
7. The Health assessment must be completed prior to activity, any such changes to this during your membership should be consulted to a GP.

Fitness suite Rules of use



The Place maintains and enforces Membership Rules to make sure that using our fitness suite is as safe and enjoyable an experience as we can make it for all of our Members.

We may amend these rules from time to time.

As a Member of The Fitness Suite you agree that you will:

- Scan your card on arrival, even if you have paid for your session in advance.
- Enter and train alone so not to breach social distancing guidelines.
- Clean equipment with the sanitiser spray and paper towels provided when you have finished using it.
- Follow staff members' instructions and directions, especially in relation to social distancing measures, and adhering systems we have in place due to covid, including wearing a face covering in reception, toilets & corridors.
- Not train with any other members in a way that will not allow you to remain socially distant.
- Wash your hands regularly with soap and water whilst in on site or use hand sanitisers.
- Carry and use a sweat towel for personal use only and not to wipe equipment. Please use the dedicated cleaning station for wiping down equipment after you have used it.
- If you are unwell, symptomatic or have tested positive for coronavirus, do not attend site. You must follow government regulation on isolating for a minimum period of time, and only return after this minimum period if you are feeling well again.
- Leave the premises before closing time and do not loiter.
- Not take bags into the fitness suite, some lockers are provided, however please leave as much as possible in your car.
- Not leave your belongings in a locker when you are not on the premises (we regularly remove items left in lockers by clipping the padlock).
- Use the facilities and equipment in a proper manner and not in a way that might cause harm to yourself or others.
- Wear suitable clothing and footwear when exercising (denim, bare feet, flip-flops, boots or a bare torso are amongst the range of clothing choices that is unsuitable). Any member not wearing suitable attire may be asked to leave the gym at the discretion of our team.
- Not make or receive phone calls on the fitness suite floor.
- Not take photographs or videos on the premises or post remarks or imagery to the internet that could identify another Member.
- Replace equipment back onto the racks after you have finished with it and after you have cleaned it.
- Not drop or throw weights down on the floor.
- Not use, block or interfere with fire, emergency or disabled access doors or alarms (except in a genuine emergency).
- Not behave in an aggressive, abusive, intimidating, anti-social or threatening manner or in a way that might cause distress to staff or Members.
- Not conduct any Personal Training business with other Members.
- Come and go quietly so as not to disturb our neighbours.
- Do not tamper with fire extinguishers.
- Put your litter in the bin.
- Not use the gym whilst under the influence of alcohol, drugs or make use of any other medical substance which may affect your ability to exercise safely on our premises. We reserves the right to remove you from the premises if it reasonably believes you are unfit to use the facilities.
- Not engage in any type of criminal behaviour whilst on our premises.
- Not cause damage to the premises, our or another Member's property.
- Not eat in the fitness suite.

I agree to the Fitness Membership conditions of use.

Signed: _____

Date: __/__/__